

## SERVICE DESCRIPTION

# COMMUNITY INITIATIVES DAY PROGRAMMING

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### **DESCRIPTION:**

This service provides supported day programming for adults who are intellectually challenged. Services include structured individual and group activities. Participants and their support networks are assisted in implementing individualized plans to promote health, socialization and community involvement.

### **HISTORY:**

This service began as a sheltered employment program called the Achievement Centre. It was a core program of Salt Spring Island Community Center when it became a Society in 1975. In 1989 the Achievement Centre changed its service objectives and the Community Initiatives Day Program began. Over time the focus has changed from vocational and educational activities to arts, recreation, fitness and community integration activities.

### **POPULATION SERVED:**

This service is available for adults who are intellectually challenged. People served must be eligible for service through Community Living British Columbia (CLBC).

### **GOALS AND EXPECTED OUTCOMES:**

1. Maintain independence by using daily living skills in community settings.
2. Person supported to achieve the goals set in individualized plan.
3. Maintain or increase socialization and community integration.
4. Maintain or increase physical mobility and fitness.
5. Maintain memory and cognitive skills.
6. Increase ability to communicate, both with and without support.

### **SERVICE DELIVERY PHILOSOPHY AND PRINCIPLES:**

1. Services will support the integration of persons served into the day-to-day life of the community.

2. Service delivery will be person-centered including being flexible, individualized and involving the person served in setting the direction of service.
3. Individuals have the right to control their own lives and take responsibility for their actions.
4. Service delivery will be caring, respectful, safe and open.
5. People will be treated with dignity and respect.
6. Effective service includes empowerment, advocacy, and information.
7. Services will be provided in an environment that allows people as much freedom as possible while ensuring their safety and security.
8. Services will be provided in a discreet and confidential manner.

#### **SERVICE DELIVERY ACTIVITIES:**

1. **Person-Centered Planning Activities:** Staff help individuals identify and highlight their unique talents, gifts, and capabilities in order to help them develop individual plans.
2. **Individual Activities:** Reading, artwork, beading, puzzles and outings with staff (personal choice).
3. **Group Activities:** Playing games, artwork projects, watching films, sing-a-long, performing arts, memory training, flash cards and off-island outings.
4. **Community Involvement/Integration:** Library, shopping, coffee in town, banking, theatre, etc.
5. **Physical Activities:** Bowling, exercise class, walks in the park or at track, yoga, swimming, horseback riding and dancing.
6. **Self-Help Skills:** Shopping, cooking, table setting, banking, facilitated communication, self-care activities, bathroom etiquette, practice reading/writing and other activities as outlined in person-centered plan.
7. **Support to Families/Caregivers:** Planning and supports regarding activities, training opportunities, person-centered planning activities, advocacy and support.

#### **LOCATION:**

The program is based at 268 Fulford-Ganges Road. Community Initiatives space includes a wheelchair accessible activity area, kitchen facilities, private offices and washroom.

Activities may also be planned in the community (bowling, library) and off island (horseback riding, swimming). Transportation is provided.

#### **HOURS:**

Monday to Friday, 9 am to 3 pm

**STAFF RESOURCES:**

The day program is staffed by a team of three workers made up of two workers and a team leader. Program staff report to the Director of Child, Family and Community Living Services.

**ACCESS TO SERVICE:**

The service may be accessed through Community Living BC Social Workers or by contacting Salt Spring Island Community Services.

Recommendations for acceptance to service are made by the Community Initiatives Team Leader. Acceptance criteria is outlined in the Participants Handbook. Final acceptance decisions are made by the Director.

Interested people can learn about the organization and its services by contacting the Team Leader. Visits to Community Initiatives program are welcomed.

Contact: Community Initiatives (250) 537-9971 Community Living BC (250) 952-4067

**WAIT LIST:**

1. Individuals are placed on the waitlist in order of priority based on criteria including support requirements and individual situation, length of time waiting, and the urgency and intensity of needs.
2. Individuals on the waitlist will be contacted periodically. All contacts will be documented on the waitlist file.
3. The Team Leader will assist the individual in accessing support and service in the community while on the waitlist.
4. The waitlist information will be incorporated into the agency's information management system.

**STANDARDS/REFERENCES/BEST PRACTICES:**

1. CARF accreditation standards
2. Standards For Residential Services For Persons with Developmental Disabilities (MCFD - Community Living Services for Adults)
3. British Columbia Association for Community Living (BCACL)
4. A New Vision of Community Living (Community Living Transition Steering Committee, 2002)

**FUNDING/SPONSORSHIP:**

The service receives core funding from Community Living BC. Local fundraising contributes to special projects and activities.

**PARTNERSHIPS/KEY CONNECTIONS:**

1. Community Living British Columbia
2. Choices Program – Salt Spring
3. GIFTS Program – Salt Spring
4. Community Living Advisory Committee – Salt Spring
5. British Columbia Association for Community Living