

Is this you?

- The days feel long and empty.
- Family is off-island or busy with their own lives.
- Friends are unable to visit.



**Friendly Visitor
Program**

May we help?



**Friendly Visitor
Program**
537-4607

We are carefully selected, trained volunteers who like people, and who care about them.

One of us would visit you each week to brighten your day and offer friendship.

Our Services Are:

- Individual
- Completely Confidential
- Totally Free!
- Offered to you in your home, if you wish.

We are part of the
**Community
Wellness
Programs**

Our sponsors are:

GISRA - Gulf Islands
Seniors Residence Association



Lady Minto Hospital



Salt Spring Seniors
Services Society



Salt Spring Island
Community Services



For more information
about the



**Friendly Visitor
Program**

call Sharon Glover
537-4607

Wellness Programs
Co-ordinator

**We're here
for you!**

Also available at no charge:



**Friendly Voice
Program**



**Peer Connection
Program**

**Lonely?
Can't get out
much any more?**



**Friendly Visitor
Program**

A FREE service for Salt Spring seniors