

Is this you?

- You find it hard to get out.
- You miss the social connections you used to have.
- You'd enjoy a regular telephone chat with a Friendly Voice Volunteer.



**Friendly Voice
Program**

May we help?



**Friendly Voice
Program**

537-4607

We are carefully selected, trained volunteers who like people, and who care about them.

One of us would call you on a regular basis for a friendly chat.

A mutually convenient time for calls would be arranged with you.

We offer social contact - a friendly voice on the telephone.

(We do not provide medical advice or offer supervision).

Our services are:

- Individual
- Completely Confidential
- Totally Free!

We are part of the
**Community
Wellness
Programs**

Our sponsors are:

GISRA - Gulf Islands
Seniors Residence Association



Lady Minto Hospital



Salt Spring Seniors
Services Society



Salt Spring Island
Community Services



For more information
about the



Friendly Voice Program

call Sharon Glover
537-4607
Wellness Programs
Co-ordinator

We're here for you!

Also available at no charge:



Peer Connection
Program



Friendly Visitor
Program

Are you missing
regular phone
connections
with
other people?



Friendly Voice Program

A FREE service for Salt Spring seniors